

# Graciela Gris Scenario

## Nicolas Vecino

### Your life:

- You live next door to Graciela Gris.
- You are retired from the post office, and you and your wife enjoy living in this independent complex.
- You like to keep an eye on your neighbors and visitors.
- Gracie is a friend of yours and you want to protect her.

### You value:

- Your relationships with your neighbors
- Protecting your friends
- Helping others

You appear in Scene One

## Summary of the Scenario

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Graciela Gris is a 60-year-old woman with Multiple Sclerosis (MS). Her ability to move is compromised. She lives alone and receives assistance from two home health service agencies. Some days, both the personal care worker and home health aide are at Graciela's home at the same time. This occurs when Peggy, the personal care worker, comes in for about 30 minutes to assist with cares. Two people are needed to transfer Graciela to the bathtub. Peggy has noticed that Halle, the home health aide, seems to lack patience with Graciela and her inability to move quickly. Peggy suspects that some care basics have been neglected, like assisting Graciela with her stretching exercises. She also suspects that Halle does not always make sure Graciela has taken her medication. She always seems to be in a rush when she is working with Graciela.

## Lives

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- **Graciela Gris**, a patient with Multiple Sclerosis
- **Peggy Collins**, a personal care worker for Silver Lake Cares
- **Halle Hart**, a home health aide for Healthy at Home
- **Nicolas Vecino**, Graciela's next door neighbor
- **Sierra Smith**, Peggy's supervisor
- **Marty Fisher**, Halle's supervisor
- **Sally Worth**, Silver Lake Cares social worker
- **Destiny Mirar**, Documentation Specialist

## Who is in each Scene

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- **Scene One** (on Blue paper): Peggy and Nicolas
- **Scene Two** (Green): Peggy, Graciela, and Halle
- **Scene Three** (Yellow): Peggy, Sierra, and Sally
- **Scene Four** (Pink): Peggy, Halle, Sierra, Marty, and Sally

## Nicolas Vecino, age 68

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### Starter page

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### You value:

- Your relationships with your neighbors
- Protecting your friends
- Helping others

Props: None

Scenes you are in: One (Blue)

## Warm-Up

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Graciela and Nicolas:

- Nicolas can talk about how nice the small party at Graciela's was over the weekend.
- Graciela talks about how kind it was that friends came and brought dinner, and everyone relaxed and enjoyed each other's company. It almost felt like old times when you ran the clothing store and people always stopped by for dinner.

Peggy, Sierra, Sally, and Destiny:

- Your usual Monday morning staff meeting is about to begin. Check in with your coworkers on what they did over the weekend. Did you go to the movies, go watch your kid's ball game or just relax after a hard week?

Halle and Marty:

- You are both on the committee to plan the agency's summer picnic. Talk about what you need to plan: events, prizes, awards ceremony, food, beverages, location, etc.

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## Scene One: Blue

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**Time:** 1:00pm Monday

**Participants:** Nicolas and Peggy

**Nick:** Hello there.

**Peggy:** Hi!

**Nick:** Say, aren't you one of the aides who helps Graciela?

**Peggy:** Yes, I'm Peggy. *they shake hands*

**Nick:** I'm Nick Vecino. I live next door.

**Peggy:** Yes, I have seen you around. This is a great apartment building, and Graciela is such a sweet woman.

**Nick:** Yes, she is. She really livens up the place. Say, I have something that has been worrying me about Graciela for the past couple of days.

**Peggy:** Oh, what is it?

**Nick:** Well, the other day, I heard loud voices coming from Gracie's apartment. At first I thought it was the TV, but when I listened closer, I heard that other caregiver yelling at Gracie to hurry up.

**Peggy:** I see.

**Nick:** Yeah, I couldn't really hear anything else she said, but then a few minutes later I saw her rush out of here.

**Peggy:** Well, thanks for letting me know about it.

**Nick:** I'm worried about Gracie being left alone with that woman. Who is she anyway?

**Peggy:** I'm afraid I can't share any information about Graciela's care. That would violate confidentiality.

**Nick:** Well, I want to make sure Gracie is ok. At our party last weekend, she seemed to be in more pain than usual. Don't you people have medication for her?

**Peggy:** I'm committed to providing quality care for her, Nick.

**Nick:** Well, ok...but I think someone should talk to the other caregiver.

**Peggy:** Thanks for sharing the information with me, and it was nice to meet you.

**Nick:** You, too. Have a nice day and say "Hi" to Gracie for me.

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## Graciela Gris, Individualized Care Plan

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(excerpted)

Diagnosis:

- Secondary- progressive Multiple Sclerosis (MS)
- Muscle weakness in arms and legs
- Increasing problems with movement, walking, standing
- MS-affected coordination and balance issues

Medications:

- Avonex injection once a week. Side effects include: nausea and other flu-like symptoms (fatigue, chills, fever, muscle aches, and sweating)
- 2 Aleve pills each morning given 30 minutes before getting out of bed

Exercise:

- Stretching exercises daily

Nutrition:

- After her injection, Graciela often will only be able to eat soup and light foods
- No dietary restrictions

Safety:

- Graciela requires a two-person transfer
- She requires assistance with personal cares